



THIS RIBBON IS A LIFELINE!®

It carries the message that there are those who care and will help! If you are in need and don't know how to ask for help, take this card to a counselor, teacher, clergy, doctor, parent or friend and say:

“I NEED TO USE MY YELLOW RIBBON”

The Yellow Ribbon Program is in loving memory of Michael Emme

Back of Card

BE-A-LINK® – SAVE A LIFE!

If you have received this Card, it is a Cry for Help:

- **Stay** with the person - you are their *lifeline!*
- **Listen**, *really listen*. **Take them seriously!**
- **Get**, or **call**, **help immediately!**

It's OK to Ask 4 Help!®

(USA) 1-800-SUICIDE (1-800-784-2433) (USA) 1-800-273-TALK (1-800-273-8255)

YELLOW RIBBON SUICIDE PREVENTION PROGRAM® • 303-429-3530 • www.yellowribbon.org