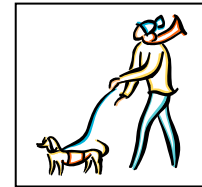


Rolling Hills Elementary School



340 Middle Holland Road
Holland, PA 18966-2796
215-944-2000



October 16, 2009

Dear Parent/Guardian:

Physical activity for all children is important. We are planning to continue The Rolling Hills Walking Club.

Our goal for this program is to provide an opportunity for Rolling Hills' students to walk for fitness. The Walking Club will be held during lunch recess based on volunteer availability. (At this time, we have volunteers for grades first, fourth, fifth, and sixth one recess period per week.) The walking course will be entirely on school grounds within the parameters of the recess area. Walking Club will begin the week of November 9th.

In order for your child to participate, they will need the completed permission slip at the bottom of this page. (You may email this form to Ms. Castiglione pcastiglione@crsd.org or send in a printed copy.)

Your child needs no special equipment or shoes to participate. Simply have your child dress appropriately for the weather (Walking Club will be closed on "Indoor Recess" days). Each child is free to walk as little or as much as he/she desires in the designated time.

The Walking Club is non-competitive. Students will be recognized for each 5 miles they walk with a Toe Token to place on his/her shoes. We believe the students will enjoy this program and it will provide a healthy benefit. If you have any questions or you would like to volunteer for this program please feel free to call Ms. Castiglione at 215 944-2022.

Sincerely,

Pat Castiglione

Carol Mandel

(Return to Pat Castiglione at Rolling Hills)

I permit _____ to participate in the Rolling Hills' Walking Club.
(Student Name, Grade, Teacher)

Signed: _____

Date: _____