Alternate PE Assignment: 
Self Design Assignment

The purpose of the self-design alternative assignment is for the medically excused student to complete a project in health or physical education from a topic of their choice. The student must receive permission from their teacher and complete the alternative assignment contract form and a design your own contract form prior to beginning the assignment.

The assignment will connect to the National Physical Education Standards and include written, visual, and/or oral components.

Talk to your teacher to discuss this option.