

COUNCIL ROCK SCHOOL DISTRICT

The Chancellor Center
30 North Chancellor Street
Newtown, PA 18940
TELEPHONE (215) 944-1000

Dear Parents and Guardians,

January 2022

As part of the yearly health curriculum 4th, 5th, and 6th grade students receive instruction on human growth & development during the second semester of the 2021-2022 school year. Classes will be taught by the Physical Education teacher and the school Nurse. We understand that these can be difficult conversations to have with your students, but they are of great importance to our children's health. Additional resources for parents are provided below the grade level topics if you are looking to further these conversations at home.

- **4th grade-** Puberty; students will be able to understand the changes that the body goes through during puberty; physically, socially and emotionally. Each student will receive their own copy of the "About Personal Hygiene" booklet.
- **5th grade-** Reproductive System Anatomy; students will be able to identify parts of the reproductive systems. Students will view the video "Always Changing" from Proctor and Gamble. Video link: [Always Changing](#).
- **6th grade-** Reproductive System Physiology & Reproduction; students will understand the basic path of reproduction.

- **Additional Resources for Parents:**
 - [Always](#)- "The Talk" tips & advice
 - [Amaze for Parents](#)- A website specifically designed for children & adolescents to learn about human growth and development through digital media
 - [Being Girl YouTube Channel](#)- Presented by Always & Tampax
 - [Kids Health](#)- Puberty & Growing Up

Please reach out to your school Physical Education teacher &/or School Nurse if you have any questions, concerns or would like to speak with them privately about this content area.

Thank you,
Liz Potash

Health & Physical Education District Curriculum Coordinator
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