

August 2017

Dear NES Parents,

The health and safety of every student at Newtown Elementary School is something we take very seriously. In the past few years, changes have occurred across the district as well as in our NES cafeteria. Our cafeteria staff has added healthier choices to meet the United States Department of Agriculture Guidelines for healthy school lunches by including more fruit and vegetable choices as well as daily whole grain entrees. Our District Administration, in an effort to promote healthier eating habits, requests that no more than one sugary/low nutrition item be served at classroom parties. Administration also encourages the focus of parties to be on the social aspect and not the food.

For these reasons, and to accommodate the increasing number of students' medical and food allergy needs here at NES, we are introducing a school-wide celebration menu to which all students, families and staff will adhere. Minor adjustments will be made per classroom based on the specific needs of the students in each classroom. This menu is almost identical to the menu implemented last year with some modifications made based on parent feedback. All classroom menus will be posted on teacher websites.

Please refer to the NES food policy guidelines below when planning to bring in a treat to share.

1. Only food items from the classroom menu will be permitted into the classroom to share. Items not on the menu will be sent home. Check teacher site for menu.
2. The classroom menu will be used for all classroom celebrations including birthdays and holiday parties.
3. All foods must be store bought and include a label that states the item is peanut/tree nut free.
4. No homemade foods, donuts or bakery items are permitted due to risk of allergen contamination.

We look forward to another healthy, happy and safe year with the students of NES. I am confident you understand the importance of following these guidelines. If you have any questions about food products, allergies or these expectations, please email me ([kking@crsd.org](mailto:kking@crsd.org)) or Mrs. Blumenthal ([cblumenthal@crsd.org](mailto:cblumenthal@crsd.org))

Thank you again of your help and support!

Mr. King