

S & Z

PLACEMENT:

The sides of your tongue are up along the inside of your molars
The front tip of your tongue is pressing against your top teeth

WARM-UP:

T-T-T-T-T-T-T-T-T-T

T-T-T-S-S-S-S-S

S-S-S-S-S-S-S-S-S-S

STay

STand

SNeeZe

DiZZy

PRACTICE:

cast

cost

vans

fast

host

pains

last

lost

teens

mast

tossed

lines

past

dust

dunes

vast

gust

snack

best

must

sneeze

nest

rust

snow

pest

cats

snug

rest

dates

stamp

test

jets

start

vest

pets

step

west

hits

steel

zest

kites

fist

lights

gist

boats

list

nuts

missed

tons

challenging S and Z list with re-occurring sounds

suitcase
six
sister
Susan
serious
squeeze
stories
roses
exercise
snowy blizzard
desserts
lizards
scissors
season

sizzle
sunrise
stress
ski slope
zest
express
sun glasses
slice
space
snooze
sneeze
school bus
swings
zippers

S and Z list

cell phone
sorry
subject
salad
singer
Saturday
sandwich
south
certain
serious
across
erase
pass
atlas
cactus
nervous
compass
bus
choice
medicine
principal
whistle
lesson
decimal
electricity
muscle
castle
essay
Pacific
skill
scar
schedule

mask
desk
basket
sleep
slam
sliding
sloppy
smell
smear
smarter
basement
snack
snorkel
speech
spill
Spanish
spaghetti
grasp
wasp
hospital
whisper
stamp
steer
stub
statue
student
cast
feast
rust
frosting
swim
swap

swelling
zip
zoo
zero
zip code
days
freeze
sneeze
rose
bruise
noise
always
water skis
apologize
exercise
amazing
closet
cousin
dessert
dozen
horizon
lazy
puzzle
president
Thursday
visitor

