

CH and J

&

SH and ZH

Middle of tongue goes up and cups to the roof of  
your mouth

The sides of your tongue push up by your first  
molars

Round your lips and feel the air coming out the  
front

(not off the sides of your tongue)

## SH and ZH list

shell	action
shape	cashier
shop	fiction
shoe	lotion
shirt	occupation
shadow	special
shampoo	dictionary
sugar	fashion
shovel	multiplication
shimmer	vacation
splash	garage
fresh	mirage
dish	Asia
brush	conclusion
leash	division
accomplish	measure
foolish	television
polish	treasure
car wash	vision
toothbrush	explosion

## CH & J list

chain	crunch	jog
cheap	attach	job
cheat	mismatch	giraffe
child	coach	juice
chalk	sandwich	stage
challenge	capture	edge
champion	future	pledge
cheddar	ketchup	bridge
cheese	kitchen	judge
chocolate	question	huge
chips	signature	page
chipmunk	touchdown	beverage
snatch	jump	danger
peach	June	cage
catch	July	enjoy
speech	joke	pages
pitch	jeep	vegetable
rich	jelly	subject
inch	jazz	imagine
much	jeans	project
ouch	gym	pajamas
watch	giant	

## TR & DR list

drink

draw

dress

dream

drip

dry

drive

drum

drill

track

trash

tray

trade

train

tree

treat

trick

trip

try

true

trust

trunk

dragon

dresser

driveway

traffic

tractor

travel

triangle

trouble

address

bedroom

fire drill

hundred

actress

control

country

electricity

entrance

extra

mattress

orchestra

subtract

waitress

astronaut

destroy

stranger

strawberry

strength

stroller

strap

street

stream

strong

stripe

## Challenging CH and J list

Cheese and chips  
Jelly sandwich  
Watch this jump  
Jack and Jill are children  
Reach a few more inches  
The jester made jokes  
Crunchy cheese crackers  
My jogging coach  
Choose your choice  
Peach jam  
Giant couch  
Cheer on the bleachers  
Wear a jacket when it is chilly

## Challenging SH and ZH list

Sunshine at the seashore.  
Wash with shampoo  
Shirt and shoes  
Shimmer and shine  
Treasure shop  
Measure the fish  
Shave the sheep  
Don't smash and dish  
Shave the mustache  
The shark in the ocean  
Special vacation  
Wash the fresh fruit

## SH and ZH sentences

1. I usually go to the shore for vacation.
2. I found the definition in the dictionary.
3. I need my shirt and shorts from the wash.
4. Don't shake that dish.
5. This machine is special because it is full of treasure!
6. Fish and sharks live in the ocean.
7. Fill the measuring cup with sugar.
8. We need to find some shade from this bright sunshine.

## CH and J sentences

1. The baby chick hatched this morning.
2. The jar of cheese is in the kitchen.
3. I enjoy watching the championship match.
4. Imagine if I could jump higher than the garage.
5. Hang the picture above the furniture.
6. It was magic when he made the gold chain disappear.
7. We pledge allegiance to the flag every morning.
8. Rich and Jessica went to lunch.

## SH/ZH

Shannon and Ashton are twins. They are going on a family vacation to Ocean City, New Jersey. They love to play in the ocean water and collect seashells. They always put on their sunscreen lotion so they don't get sunburn. Last summer Ashton saw a shark swimming off the coast. Everyone had to get out of the water as a precaution. They said it measured 10 feet long! Shannon has a big warm towel because she is usually shivering when she gets out of the ocean water.

## CH & J

Today the kitchen is very busy in the Mitchell home because the church bake sale is tomorrow. Joey helped his mom bake chocolate chip cookies. Chelsea chose to make cherry pie with Dad. Everyone had a job to do. Joey Mitchell's job was to get the chocolate chips ready. Mom, Mrs. Mitchell, had the chore of making sure all of the baking pans were ready to go. Mr. Mitchell had to go to Giant to buy the butter and eggs. Chelsea Mitchell chopped up the cherries. All of the Mitchells did their jobs and the treats for the church bake sale were enjoyable!