“Valentine’s Day in America”
To discover the most popular Valentine’s Day candy in America, data crunchers at Candystore.com evaluated the site’s candy sales from the past 10 years, noting what customers bought around February 14. The results might not be what you expect. For the first time in recent memory, conversation hearts dethroned heart-shaped boxes of chocolates for the number one Valentine’s Day candy. Last year, over 10 percent of candy sales during the holiday were conversation hearts. Approximately 8.2 billion conversation hearts will be produced this year in preparation for February 14. Giving flowers, chocolate, and heart-shaped cards are all common customs on Valentine’s Day. But why do we bother with these traditions anyway? February 14 is the feast of St. Valentine, a Catholic saint who was executed by Roman Emperor Claudius II on that date sometime during the third century A.D. Many legends surround the reason for his death sentence. The most popular one says he was a priest who married young couples after Claudius outlawed marriage for young men (apparently they were better soldiers when they weren’t romantically attached).
If the Russian psychologist Ivan Pavlov were alive today, what would he say about smartphones? He might not think of them as phones at all, but instead as remarkable tools for understanding how technology can manipulate our brains. (Good Article)
https://www.npr.org/sections/health-shots/2018/02/12/584389201/smartphone-detox-how-to-power-down-in-a-wired-world

PHOTOS: These Images Were Captured Nearly 3.8 Billion Miles From Earth
https://www.npr.org/sections/thetwo-way/2018/02/11/584944598/photos-these-images-were-captured-nearly-3-8-billion-miles-from-earth

The formal 142nd Westminster Kennel Club Dog Show kicks off Monday, although it's not like one of its perfectly poised pooch contenders would kick. The canines that are more into moving than grooming competed in Saturday's Masters Agility Championship in New York City. That is where a black and white border collie named Fame(US) — pronounced "famous" — lived up to her name, winning the contest that tests dogs' agility and speed as they maneuver through an obstacle course.