

Newtown Elementary School

1 Wrights Road
Newtown, PA 18940
(215)944-2200

Dear Parents or Guardians,

There are many students in our school with a severe allergy to peanuts and/or nuts. For some children, even the smell of peanut products can result in an allergic reaction. This allergy can be life threatening. Strict avoidance is the only way to prevent a severe allergic reaction. Peanuts and peanut/nut oil can be found in many foods, including baked goods and most chocolate candy.

We must do all that we can to provide our students with a safe learning environment. In an effort to allow all students to participate fully in classroom activities, we ask that you **DO NOT SEND IN ANY FOOD FOR YOUR CHILD'S SNACK OR CLASSROOM PARTIES THAT CONTAINS PEANUTS, TREE NUTS (ALMONDS, WALNUTS, PISTACCHIOS, CASHEWS, PINE NUTS, HAZELNUTS, MACADAMIA NUTS, ETC) OR PEANUT/NUT OIL. FOOD FOR ALL SCHOOL WIDE EVENTS MUST ALSO BE PEANUT/NUT FREE.** Please purchase foods with labels that can be checked for ingredient safety. It is important to read the entire label of all foods being purchased. No food items that are to be distributed to the class will be permitted without a food label.

Below is a list of snack suggestions that do not contain peanuts/nuts. This list is provided as a reference. We hope that you will consider sending the healthy and nutritious alternatives of fresh fruit, dried fruit, and vegetables. Always check with the classroom teacher to determine if there are children with food allergies other than nuts/peanuts.

Dole fruit bowl	Jello pudding snacks	String cheese
Fig Newtons	Mott's Fruitsation	Tootsie Rolls
Fruit	Pepperidge Farm Goldfish	Twizzlers
Yogurt	pretzels	vegetables
Graham crackers	Skittles	Wheat thins

There is a "peanut/nut free" lunch table available for each lunch period. Any child who has a peanut/nut allergy is encouraged to sit at this table. Their friends may sit with them at this table provided they DO NOT have any food item in their lunch that contains peanuts or nuts. Teachers have been directed to monitor food that is sent in for classroom snacks and parties.

The school nurse is available at 215-944-2209 to help answer any questions you may have. Your cooperation is greatly appreciated.

Sincerely,

Kevin King
Principal

Carrie Blumenthal R.N.
Certified School Nurse

COUNCIL ROCK SCHOOL DISTRICT

ADMINISTRATION & BUSINESS OFFICES

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August, 2016

Dear PTO Presidents and Homeroom Parents,

The Council Rock School District is committed to providing a rigorous academic program for students. Additionally, the overall wellness of our students is of equal importance. As a district, we must promote healthy eating habits as good nutrition and exercise are critical to the wellness of students.

For these reasons, and to accommodate the increasing number of students' medical and food allergy needs, we are promoting a change regarding the three district approved elementary classroom parties. We are requesting that no more than one sugary/low nutrition food item be offered at classroom parties and that all foods are nut-free. Exposing students to healthier treats is a great step toward developing healthier habits. The focus of classroom parties should continue to be on the social, celebratory aspect of the event rather than the food.

We thank our PTO Homeroom Parents for coordinating and providing these special events for our students. We ask that all parents coordinate with Homeroom Parents before sending any items for class parties.

Your support of our children and promoting healthier eating habits is greatly appreciated.

Sincerely



Barry J. Desko
Director of K-12 Education