Introduction

You are a Physical Education Teacher who has watched students get bored with the same old activities in PE class. Lacrosse is a fast paced and super fun sport that is gaining popularity. You have an opportunity to spice up the curriculum by creating an awesome Lacrosse Unit to teach next year.
**Task**

Your task for this project is to develop an awesome Lacrosse Unit to teach in Phys. Ed. next year. Your goal is to come up with fun and innovative Lacrosse games and activities while teaching the basic skills of Lacrosse. You will be teaching this new Lacrosse Unit to 9th - 12th graders and you will have unlimited resources to utilize. You must outline your ideas for the unit, and put together an **18 Slide PowerPoint Presentation** to present to the Head of your Department for approval. Utilizing the resources below (and your own), gather information and come up with 4 creative Lacrosse–related games or activities to include in your new unit. Be sure to include equipment needed, skill development, safety concerns, and a description of the games and activities. Please be clear whether your focus will be on men’s lacrosse or women’s lacrosse.

**Process**

1. Create a colorful title slide. *(1 slide)*
2. Come up with a catchy slogan or motto to attract students and create a buzz about your new class. *(1 slide)*
3. Come up with 3 goals you would like your students to achieve throughout the duration of your Lacrosse Unit. *(1 slide)*
4. Create a list and describe at least 5 Lacrosse skills you would like your class to master. *(1 slide)*
5. Using information from any of the sources listed below (and your own sources), describe 4 Lacrosse games or activities. Each game description should be about 3 slides. *(12 slides)* Be sure to include the following:
   a. Detailed description of the activity
   b. Write down the goal of the game/activity
   c. List skills used in the activity
   d. List any equipment you will need
   e. List all safety concerns/rules
6. Write a brief paragraph (like you are pitching your new unit plan to the department head) explaining why your new Lacrosse Unit plan will be fun, exciting, and help the students master the skills of Lacrosse. *(1 slide)*
7. List all of your resources. *(1 slide)*
8. Be sure to make your PowerPoint Presentation colorful and attractive
Sources

Wikipedia: Lacrosse
https://en.wikipedia.org/wiki/Lacrosse

US Lacrosse
https://en.wikipedia.org/wiki/Lacrosse

Federation of International Lacrosse
http://filacrosse.com/
Evaluation

You will be graded using the following rubric for your Power Point presentation:

**Lax for Life! PowerPoint Rubric**

<table>
<thead>
<tr>
<th></th>
<th>4</th>
<th>3</th>
<th>2</th>
<th>1</th>
<th>Your Score</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Creativity</strong></td>
<td>Exceptional originality of</td>
<td>Some apparent originality</td>
<td>Material presented with little originality or creative thought</td>
<td>Project includes little variety in presentation techniques</td>
<td></td>
</tr>
<tr>
<td></td>
<td>presented material</td>
<td>displayed through creative use of materials</td>
<td></td>
<td></td>
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</tr>
<tr>
<td><strong>Content</strong></td>
<td>Project is well-organized and</td>
<td>Project is well-organized and meets most requirements</td>
<td>Project meets half of the requirements; well-organized</td>
<td>Unorganized and meets less than half the requirements</td>
<td></td>
</tr>
<tr>
<td></td>
<td>meets all requirements</td>
<td></td>
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<tr>
<td><strong>Grammar</strong></td>
<td>Nearly error-free which reflects clear understanding and thorough proofreading</td>
<td>Few grammatical and/or stylistic errors</td>
<td>Some errors in grammar and/or format that does not interfere with clarity</td>
<td>Multiple grammatical and stylistic errors</td>
<td></td>
</tr>
<tr>
<td><strong>Power Point</strong></td>
<td>Evidence that pride and care</td>
<td>Clear, uncluttered, and</td>
<td>Project appears rushed or</td>
<td>Careless, hurried, and illegible presentation</td>
<td></td>
</tr>
<tr>
<td><strong>Presentation</strong></td>
<td>was taken and the message of</td>
<td>attractive</td>
<td>somewhat careless, but the content is legible</td>
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<td></td>
<td>the product is clearly defined</td>
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</table>

Conclusion

You have developed a new and innovative Lacrosse Unit for your Physical Education classes next year! With the excitement and buzz you have created about this new class, students can’t wait to sign up next year and master the skills of Lacrosse while having a blast!
Credits and References

Rubric created with Task Stream:

www.taskstream.com